



SWIM LESSONS SUMMER 2022



Level	Tuesday/Thursday	Tuesday-Friday
Starfish/Duck/Sea Turtle *Parent and Tot 1-3	5-5:30pm	10-10:30am
Sea Otter *Preschool 2	4:30-5pm 5-5:30pm	10-10:30am 11-11:30am
Salamander *Preschool 3	4:30-5pm 6-6:30pm	10:30-11am
Sunfish *Preschool 4	5:30-6pm	10:30-11am
Crocodile/Whale *Preschool 5	5:30-6pm	10-10:30am
Level 1 *Swimmer 1	5:30-6pm	10:30-11am
Level 2 *Swimmer 1	6:30-7pm	11:30-12pm
Level 3 *Swimmer 2	4:30-5pm	11-11:30am
Level 4 *Swimmer 3	6-6:30pm	11-11:30am
Level 5/6 *Swimmer 4/Swimmer 5	6-6:30pm	11:30-12pm
Level 7/8 *Swimmer 6/Rookie Patrol	6:30-7:15pm	11:30-12pm
Level 9/10 *Ranger Patrol/Star Patrol	6:30-7:15pm	
Advanced Courses		
Bronze Medallion	Monday-Friday 8am-12pm	
Bronze Cross	Monday-Friday 8am-12pm	
National Lifeguard - Waterfront	Friday 4-8pm, Saturday and Sunday 9-5pm	



*The Town of Arnprior will be transitioning from Red Cross Swim Lessons to Lifesaving Society Swim Lessons effective fall 2022
Refer to updated names above